



Albany Gastroenterology Consultants, P.C.

YOUR PROCEDURE IS SCHEDULED AT:

___ ENDOSCOPY CENTER - 1375 Washington Avenue, Albany (2nd Floor, Suite 201)

PATIENT NAME: _____ PHYSICIAN: _____

PROCEDURE DAY/DATE: _____


PROCEDURE TIME: _____ ARRIVAL TIME: _____

PREPARED BY: _____ Ext. _____

Preparation Instructions:
Flexible Sigmoidoscopy
Citrate of Magnesia Prep

Review the preparation schedule below for the days preceding your flexible sigmoidoscopy. If you need further assistance, please call (518) 438-4483.

*If you have a change in insurance prior to your procedure, you must notify the office immediately.

1 Week Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Purchase the following</p> <ul style="list-style-type: none"> Two (2) 10 oz bottles of Citrate of Magnesia (not red) One (1) Dulcolax suppository <p>If you are an INSULIN DEPENDENT DIABETIC, you must notify this office when you schedule your procedure.</p> <p>You may continue your "baby" or regular aspirin. Let us know if you are on Plavix, Coumadin or Lovenox. STOP taking these medications:</p> <p>_____</p> <p>_____</p>	<p>Last chance to cancel appointment. Our office requires a minimum of 48 hours notice when canceling or rescheduling a procedure. Please call our office if you need to reschedule your appointment: 518-438-4483</p> <p>YOUR BOWEL PREP IS EXTREMELY IMPORTANT!</p> <p>IT IS VERY IMPORTANT TO HAVE A 'CLEAN' COLON SO THAT YOUR DOCTOR MAY VISUALIZE ANY ABNORMALITIES!</p>	<p>Drink at least 8 large glasses of water or any other clear liquid throughout the day</p>  <p>_____</p> <p>_____</p> <p>_____</p> <p>ALERT After your prep, the results should appear <u>clear</u> yellow or <u>clear</u> green liquid with <u>no</u> solid matter. If not, please call the office: 518-438-4483</p>	<p>CLEAR LIQUID DIET FOR DINNER AND UP TO BEDTIME. Includes: Broth, bouillon, consomme, tea/coffee without cream/milk, juices without pulp, Italian ices, popsicles, Jell-O (except red or purple).</p> <p>4 pm: Drink one (10 oz) bottle of Citrate of Magnesia.</p> <p>7 pm: Drink final bottle of Citrate of Magnesia.</p> <p>Drink at least 24 ounces of clear liquid before going to bed.</p> <p><u>Morning Procedures:</u> You may have clear liquids up to 4 hours prior to your procedure. <u>Afternoon Procedures:</u> You may have clear liquids up to 4 hours prior to your procedure.</p> <p>If you experience nausea or vomiting take a 15-30minute break, then continue drinking preparation solution perhaps at a slower rate.</p>	<p>Insert rectally one Dulcolax suppository upon awakening.</p> <p>You are NOT to have anything to drink for 2 hours prior to your procedure. You may take your essential morning medications unless otherwise directed by your physician. Limit liquids to a few small sips to take your meds.</p> <p>Biopsy results: Please call our office if you have not heard from us within 10 business days of your procedure.</p>