

ALBANY GASTROENTEROLOGY CONSULTANTS, P.C.
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ST. PETER'S HOSPITAL - ENDOSCOPY CLINIC
315 South Manning Boulevard (4th Floor- Ambulatory Surgery)
Albany, New York 12206
ESOPHAGEAL MOTILITY & 24 HOUR PH MONITORING

PATIENT NAME: _____ DOB: _____

Dear Patient,

You are scheduled for an esophageal testing on _____ at 12:30 p.m. Enter at the main entrance and take elevator A to the 4th floor. Please check in at the nurse's station on the **Ambulatory Surgery Unit by 12:15 p.m.** You may be called the morning of your test and asked to come early.

Esophageal Motility is a test used to examine the esophagus of patients with symptoms of heartburn, regurgitation, unexplained choking, trouble swallowing, chest or stomach pain, or asthma-like symptoms. The test examines the motor or muscle function of the esophagus and determines the effectiveness of the valve between the esophagus and stomach.

The test is performed by passing a small catheter through your nose and into your stomach. The test consists of pulling the catheter back slowly through the esophagus and also swallowing with and without water. This test takes about 45 minutes to 1 hour. You will not be sedated for this test.

Twenty four hour ph monitoring test determines whether there may be an abnormal amount of acid or stomach contents coming back into the esophagus.

The test is performed by inserting a small ph probe or catheter into the nose and passing it into the esophagus. The ph probe will be in place for 16 to 24 hours. You will wear the probe home. We ask that you go about your normal activities. We will also ask that you keep a diary of events including meals, sleeping habits and any symptoms you may experience. You will return the next day to have the ph probe removed.

Preparation for Procedures

1. You may _____ or may not _____ take these medications for 7 days before the test: ACIPHEX, NEXIUM, PREVACID, PRILOSEC, OMEPRAZOLE, PROTONIX.
2. You may have a light liquid breakfast before 8 a.m.
3. Stop any gastric reduction medicines 24 hours before the test. These include: Tagamet, Zantac, Pepcid, Axid.
4. Stop antacids and Reglan 24 hours before the test.
5. No sleeping pills, sedatives, pain medications, or muscle relaxers the night before the test.
6. You will be able to drive to the hospital and home after the test.

SCHEDULED BY: _____ **Ext.** _____

PROCEDURE RESULTS: please call your physician at Albany Gastroenterology Consultants at 438-4483 if you have not heard from him/her within 10 business days of your procedure.

PLEASE NOTE: This procedure may require a primary care physician referral and/or insurance prior approval. Please check with your insurance carrier.