



Albany Gastroenterology Consultants, P.C.

YOUR PROCEDURE IS SCHEDULED AT:

- ___ ENDOSCOPY CENTER - 1375 Washington Avenue, Albany (2nd Floor, Suite 201)
- ___ ST. PETER'S HOSPITAL - 315 South Manning Boulevard, Albany (4TH Floor, Ambulatory Surgery)
- ___ ALBANY MEMORIAL HOSPITAL - 600 Northern Boulevard, Albany (Main Entrance – Outpatient Registration)
- ___ ALBANY MEDICAL CENTER – 47 New Scotland Avenue, Albany (Outpatient Registration)

PATIENT NAME: _____ PHYSICIAN: _____

PROCEDURE DAY/DATE: _____

PROCEDURE TIME: _____ ARRIVAL TIME: _____

PREPARED BY: _____ Ext. _____

Preparation Instructions:
Colonoscopy with MOVIPREP
SPLIT DOSE (11:00am – 3:00pm)

*Please remember to arrange for a responsible adult to be with you during the procedure. If you do not have a responsible adult driver your, procedure will be cancelled and rescheduled. Review the preparation schedule below for the days preceding your colonoscopy. If you need further assistance, please call (518) 438-4483.

*If you have a change in insurance prior to your procedure, you must notify the office immediately.

1 Week Prior	3 Days Prior	1 Day Prior	Procedure Day
<p>Purchase the following</p> <ul style="list-style-type: none"> • 1 MOVIPREP KIT (prescription needed) • OPTIONAL-for sore bottom: • Plain or Aloe Baby Wipes • Desitin or A&D Ointment <p>Arrange for a responsible adult to stay with you and take you home post-procedure.</p> <p>If you take fiber supplements, vitamins or medications containing iron or fish oil, discontinue those 7 days before your procedure.</p> <p>If you are an INSULIN DEPENDENT DIABETIC, you must notify this office when you schedule your procedure.</p> <p>You may continue your “baby” or regular aspirin. Let us know if you are on Plavix, Coumadin or Lovenox.</p> <p>STOP taking these medications: _____ _____</p>	<p>Begin low fiber diet – AVOID nuts, seeds, popcorn and corn. Stop consuming all high-fiber foods.</p> <p>Last chance to cancel appointment. Our office requires a minimum of 48 hours notice when canceling or rescheduling a procedure. Please call our office if you need to reschedule your procedure: 518-438-4483</p> <p>YOUR BOWEL PREP IS EXTREMELY IMPORTANT!! IT IS VERY IMPORTANT TO HAVE A ‘CLEAN’ COLON SO THAT YOUR DOCTOR MAY VISUALIZE ANY ABNORMALITIES!</p> <p>2 Days Prior</p> <p>Drink 8 large glasses of water or any other clear liquid throughout the day while on a low fiber diet.</p>	<p>Begin clear liquid diet - Includes: Water, broth, bouillon, consomme, coffee or tea without milk or creamer, Gatorade, soft drinks, juices (no pulp), Italian ices, popsicles, Jell-O (except red or purple).</p> <p>Drink at least 8 large glasses of water or any other clear liquid throughout the day.</p> <p>*4-5 PM: Thoroughly mix one “A pouch” and one “B pouch” with lukewarm water to fill line on the disposable container. Refrigerate.</p> <p>*5:00 PM: Drink 8 oz of prep solution. Repeat every 15 minutes, until finished. Drink 16 oz. of clear liquid of your choice (not red or purple). This is a necessary step to ensure adequate hydration and an effective prep. Mix remaining A&B pouches with lukewarm water and refrigerate.</p> <p>*THE MORNING OF YOUR PROCEDURE BEGINNING AT 5:30 AM:</p> <p>Drink 8 oz of prep solution. Repeat every 15 minutes until finished. Drink 16 oz. of clear liquid of your choice (not red or purple). This is a necessary step to ensure adequate hydration and an effective prep.</p> <p>After your prep, the results should appear clear yellow or clear green liquid with <u>no</u> solid matter. If not, please call the office: 518-438-4483</p>	<p>You may take your essential morning medications unless otherwise directed by your physician. Limit liquids to a few small sips to take your meds.</p> <p>DO NOT DRINK LIQUIDS FOR TWO HOURS PRIOR TO YOUR PROCEDURE.</p> <p>Arrive one hour before scheduled procedure time.</p> <p>NO DRIVING – You must have a responsible adult to assist you in getting home. You <u>cannot</u> drive. If you do not have a responsible adult to assist you in getting home, the procedure will be canceled.</p> <p>Do not drive, operate machinery which requires alertness, or sign legal documents for 24 hours after the procedure, then only if you feel alert, i.e. no dizziness or drowsiness.</p> <p>Biopsy results: Please call our office if you have not heard from us within 10 business days of your procedure.</p>