



Albany Gastroenterology Consultants, P.C.

YOUR PROCEDURE IS SCHEDULED AT:

- ___ ENDOSCOPY CENTER - 1375 Washington Avenue, Albany (2nd Floor, Suite 201)
- ___ ST. PETER'S HOSPITAL - 315 South Manning Boulevard, Albany (4TH Floor, Ambulatory Surgery)
- ___ ALBANY MEMORIAL HOSPITAL - 600 Northern Boulevard, Albany (Main Entrance – Outpatient Registration)
- ___ ALBANY MEDICAL CENTER – 47 New Scotland Avenue, Albany (Outpatient Registration)

PATIENT NAME: _____ PHYSICIAN: _____

PROCEDURE DAY/DATE: _____


PROCEDURE TIME: _____ ARRIVAL TIME: _____

PREPARED BY: _____ Ext. _____

Preparation Instructions:
Colonoscopy with HalfLytely
Preparation-Morning (7:00am-10:30am)

*Please remember to arrange for a responsible adult to be with you during the procedure. If you do not have a responsible adult driver your, procedure will be cancelled and rescheduled. Review the preparation schedule below for the days preceding your colonoscopy. If you need further assistance, please call (518) 438-4483.

*If you have a change in insurance prior to your procedure, you must notify the office immediately.

1 Week Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Purchase the following</p> <ul style="list-style-type: none"> • 1 Box of HalfLytely (prescription needed) • <u>OPTIONAL-for sore bottom:</u> • Plain or Aloe Baby Wipes • Desitin or A&D Ointment <p>Arrange for a responsible adult to stay with you and take you home post-procedure.</p> <p>If you take fiber supplements, vitamins or medications containing iron or fish oil, discontinue those 7 days before your procedure.</p> <p>If you are an INSULIN DEPENDENT DIABETIC, you must notify this office when you schedule your procedure.</p> <p>You may continue your “baby” or regular aspirin. Let us know if you are on Plavix, Coumadin or Lovenox. STOP taking these medications:</p> <p>_____</p> <p>_____</p>	<p>Begin low fiber diet – AVOID nuts, seeds, popcorn and corn. Stop consuming all high-fiber foods.</p> <p>Last chance to cancel appointment. Our office requires a minimum of 48 hours notice when canceling or rescheduling a procedure.</p> <p>Please call our office if you need to reschedule your appointment: 518-438-4483</p> <p>YOUR BOWEL PREP IS EXTREMELY IMPORTANT!</p> <p>IT IS VERY IMPORTANT TO HAVE A ‘CLEAN’ COLON SO THAT YOUR DOCTOR MAY VISUALIZE ANY ABNORMALITIES!</p>	<p>Drink at least 8 large glasses of water or any other clear liquid throughout the day while on a low fiber diet.</p>  <p>_____</p> <p>_____</p> <p>_____</p> <p><u>ALERT</u></p> <p>If you experience nausea or vomiting during the prep, take a 15 – 30 minute break, and then continue drinking prep solution perhaps at a slower rate.</p> <p>After your prep, the results should appear <u>clear yellow or clear green liquid with no solid matter</u>. If not, please call the office: 518-438-4483</p>	<p>Begin clear liquid diet – Includes water, broth, coffee or tea without milk or creamer, *Gatorade, soft drinks, juices (no pulp), Jell-O, popsicles or Italian Ice. *NOTHING RED OR PURPLE</p> <p>Drink at least 8 large glasses of water or any other clear liquid throughout the day.</p> <p><u>12 Noon:</u> Mix HalfLytely with water (only) to the fill line. Cap and shake to dissolve the powder. The solution will be clear and colorless. You may add your choice of an enclosed flavor packet to the solution and chill if desired.</p> <p><u>4 PM :</u> Take 2 Bisacodyl pills (included with kit) with a glass of clear liquid.</p> <p><u>6 PM :</u> Drink an 8 oz. glass of HalfLytely solution. Repeat every 15 minutes until all solution is finished.</p>	<p>You are NOT to have anything to drink for 6 hours prior to your procedure. You may take your essential morning medications unless otherwise directed by your physician. Limit liquids to a few small sips to take your meds.</p> <p>Arrive one hour before scheduled procedure time.</p> <p>NO DRIVING – You must have a responsible adult to assist you in getting home. You cannot drive. If you do not have a responsible adult to assist you in getting home, the procedure will be canceled.</p> <p>Do not drive, operate machinery which requires alertness or sign legal documents for 24 hours after the procedure, then only if you feel alert, i.e. no dizziness or drowsiness.</p> <p>Biopsy results: Please call our office if you have not heard from us within 10 business days of your procedure.</p> <p><u>Morning Procedures:</u> Nothing to drink after midnight!</p> <p><u>Afternoon Procedures:</u> You may have clear liquids up to 6 hours prior to your procedure.</p>